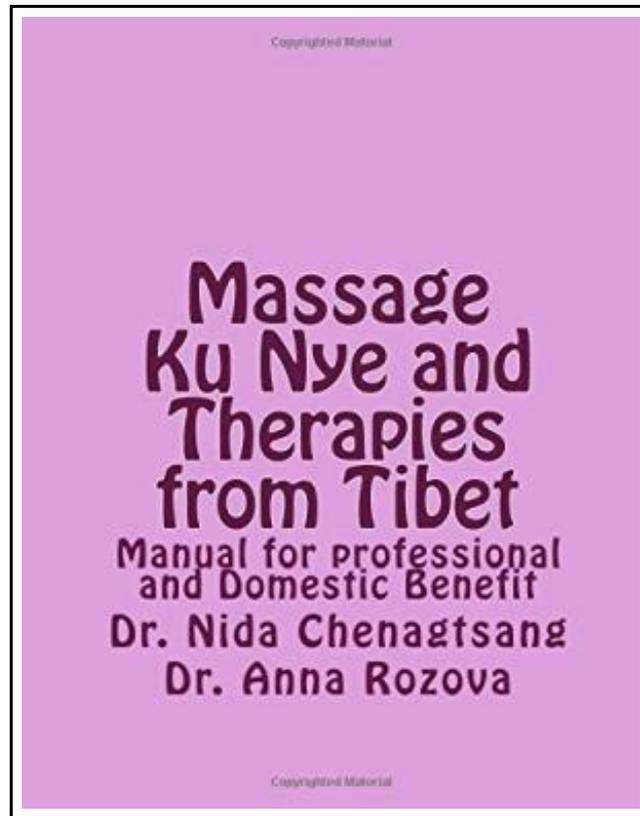


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Reviews

*Thorough guide! Its this sort of very good study. Yes, it really is play, nonetheless an interesting and amazing literature. You may like the way the blogger create this ebook.
(Dameon Hettinger)*

MESSAGE KU NYE AND THERAPIES FROM TIBET: MANUAL FOR PROFESSIONAL AND DOMESTIC BENEFIT



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Createspace, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Dr. Nida studied this techniques while he was at the University of Lhasa and on his arrival in Italy undertook some research and experimentation on this techniques which resulted in an articles being published in Tibet. Massage, energy La treatment, moxa, bath therapy, stick massage, stone massage are very unic and authentic ones. Energy La is a protective and essential energy which moves continually within our bodies from day to day and from period to period. There is a strong link between Tibetan medicine and astrology. When Tibetan Medicine started to develop, it did so at the same time as Tibetan astrology which was an indigenous system that developed without influence from outside Tibet. The bLa moves around the body from day to day following the lunar calendar and from period to period in the arc of 24 hours. It is essential to make a precise distinction between the symptoms that indicate partial loss of the bLa from those typical of a rLung imbalance. In the 13th-14th century, Ratna Lingpa discovered a gterma (a text that has been hidden or buried by a master) which described the use of sticks for therapeutic purposes associated with Mantra Healing. Doctors and healers of Mantra Healing kept these techniques very secret for many years. Up to the 19th century, the use of sticks was considered to be a secret teaching and transmitted solely through a lineage that was direct, unique and particular. Later on this technique was described in a text by Gyaltzen Palzang who stated that this teaching should be considered secret. For this reason it risked being lost and today is no longer used in Tibet. Moxa therapy is...



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