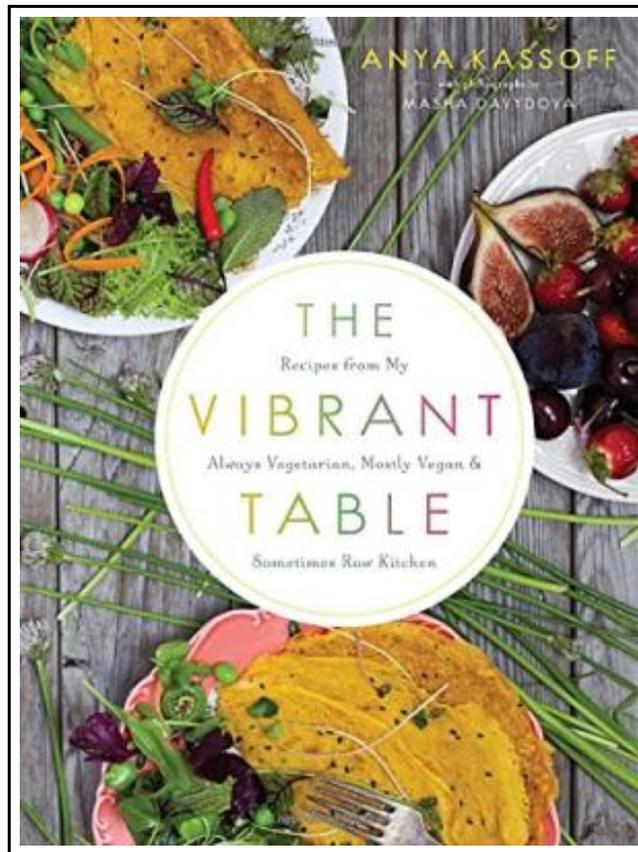


The Vibrant Table: Recipes from My Always Vegetarian, Mostly Vegan, and Sometimes Raw Kitchen (Hardback)



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Reviews

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(Davon Senger)*

THE VIBRANT TABLE: RECIPES FROM MY ALWAYS VEGETARIAN, MOSTLY VEGAN, AND SOMETIMES RAW KITCHEN (HARDBACK)



Shambhala Publications Inc, United States, 2014. Hardback. Book Condition: New. 256 x 188 mm. Language: English . Brand New Book. The Vibrant Table is a feast for the senses. From small sides to savory meals and sweet indulgences, each nourishing recipe tells a story of a balanced and well-fed lifestyle, centered around the family table. Amaranth Pumpkin Porridge, Fingerling Potato Pizza, Squash Blossom Quiche, Roasted Plum Ice Cream, Swirled Acai Cheesecake you will never run out of inspiration for enjoying whole foods at any meal. Anya Kasso's bustling kitchen is always vegetarian, mostly vegan, gluten-free, and sometimes raw a place where desserts can serve as an energizing breakfast too! The 100+ recipes here include fresh interpretations of familiar classics and plenty of ideas for the curious cook. With guidance on sprouting, grinding your own flours, making nut milks, and even preparing raw chocolate, building a well-stocked pantry has never been easier. A chapter dedicated to cooking with kids is full of tips and recipes for raising adventurous eaters. Anya's devotion to preparing fresh and seasonal ingredients with love is clear. The Vibrant Table is a delicious homage to lightness and elegance at home.



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RCadvisor s Modify: Design and Build From Scratch Your Own Modern Flying Model Airplane In One Day for Just

Rcadvisor.com, United States, 2009. Paperback. Book Condition: New. 238 x 166 mm. Language: English . Brand New Book ***** Print on Demand *****.Experience firsthand the joys of building and flying your very own model airplane...

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I Wish My Teacher Knew: How One Question Can Change Everything for Our Kids (Hardback)

The Perseus Books Group, United States, 2016. Hardback. Book Condition: New. 210 x 140 mm. Language: English . Brand New Book. One day, third-grade teacher Kyle Schwartz asked her students to fill-in-the-blank in this sentence:

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The 21st Century is full of make-believe Superheroes.centuries ago there were also imaginary

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Oxford University Press Inc, United States, 2003. Paperback. Book Condition: New. 4th Revised edition. 201 x 135 mm. Language: English . Brand New Book ***** Print on Demand *****.Harvey S. Wiener shows how parents can

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Shiloh Kidz, United States, 2013. Hardback. Book Condition: New. 173 x 170 mm. Language: English . Brand New Book. Your little ones will love learning the story of Noah with this delightful inspirational board book.

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Book Condition: Brand New. Book Condition: Brand New.

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